

Sunday

Monday

Tuesday

Wednesday


Thursday

Friday

Saturday

# May 2026

## DAYBREAK ACTIVITY CALENDAR

					7:00 Fox/Walk-n-Talk 9:00 Rise and Shine 9:30 Fox/Balloon Volley 10:00 Fox/Upper Body Strength 10:30 Hymn Sing 1:00 Fox/Fall Prevention 1:30 Fox/Chair Yoga 2:00 Jewels & Jalopies 3:15 Reminiscing 6:00 Name that Tune	9:00 Rise and Shine 9:30 Coffee Social 10:30 Morning Stretch 11:00 Sing Along 2:00 Movie & Nails 4:00 Senses of the Season/Touch 6:00 Picture Bingo
9:30 Sunday Social 10:30 Hymn Sing & Prayer 11:00 Daily Chronicles/ Gentle Orientation 1:30 Show Tunes 2:00 Would You Rather 3:15 Movin-n-Groovin 6:00 Soccer Circle	7:00 Fox/ Outdoor Walk-n-Talk 9:00 Rise and Shine 9:30 Fox/Corn Hole 10:00 Fox/Fall Prevention 11:00 Rhythm Circle 1:30 Therapeutic Art 2:00 Card Games/Mind Booster 3:00 Armchair Travel/Jamaica 6:00 Table Ball	9:00 Rise and Shine 9:30 Fox/Seated Boxing 10:00 Fox/Bowling 10:30 Hymn Sing & Devotions 11:00 Noodle Ball 1:00 Fox/Upper Body Strength 1:30 Fox/Balloon Volley 2:00 Cinco de Mayo Fun 3:00 Trivia 6:00 Bingo <small>Cinco de Mayo</small>	9:00 Rise and Shine 9:30 Fox/Bowling 10:00 Fox/Fall Prevention 10:30 Hymn Sing & Devotions 11:00 Noodle Ball 1:00 Fox/Chair Yoga 1:30 Fox/Balloon Volley 2:00 Happy Hour 3:00 Trivia 6:00 Fidgets	7:00 Fox/Walk-n-Talk 9:00 Rise and Shine 9:30 Fox/Lower Body Strength 10:00 Fox/Ball Toss 10:30 Sing Along w/Suzie 1:00 Movin-n-Groovin 2:00 <b>Entertainment/Roy Ramos</b> 3:15 Trivia 6:00 Bingo	7:00 Fox/Walk-n-Talk 9:00 Rise and Shine 9:30 Fox/Balloon Volley 10:00 Fox/Upper Body Strength 10:30 Hymn Sing 1:00 Fox/Fall Prevention 1:30 Fox/Chair Yoga 2:00 Twister 3:15 Reminiscing 6:00 Name that Tune	9:00 Rise and Shine 9:30 Coffee Social 10:30 Morning Stretch 11:00 Sing Along 2:00 Movie & Nails 4:00 Senses of the Season/Smell 6:00 Picture Bingo
9:30 Sunday Social 10:30 Hymn Sing & Prayer 11:00 Daily Chronicles/ Gentle Orientation 1:30 Show Tunes 2:00 <b>Mom's Mixer Tea Social</b> 3:15 Movin-n-Groovin 6:00 Soccer Circle  <small>Mother's Day National Skilled Nursing Care Week</small>	7:00 Fox/ Outdoor Walk-n-Talk 9:00 Rise and Shine 9:30 Fox/Corn Hole 10:00 Fox/Fall Prevention 11:00 Rhythm Circle 1:30 Therapeutic Art 2:00 Card Games/Mind Booster 3:00 Armchair Travel/Wash. DC 6:00 Table Ball	9:00 Rise and Shine 9:30 Fox/Seated Boxing 10:00 Fox/Bowling 10:30 Hymn Sing & Devotions 11:00 Noodle Ball 1:00 Fox/Upper Body Strength 1:30 Fox/Balloon Volley 2:00 Creative Arts 3:00 Trivia 6:00 Bingo	9:00 Rise and Shine 9:30 Fox/Bowling 10:00 Fox/Fall Prevention 10:30 Hymn Sing & Devotions 11:00 Noodle Ball 1:00 Fox/Chair Yoga 1:30 Fox/Balloon Volley 2:00 Happy Hour 3:00 Trivia 6:00 Fidgets	7:00 Fox/Walk-n-Talk 9:00 Rise and Shine 9:30 Fox/Lower Body Strength 10:00 Fox/Ball Toss 10:30 Sing Along w/Suzie 1:00 Movin-n-Groovin 2:00 Garden Club 3:15 Trivia 6:00 Bingo	7:00 Fox/Walk-n-Talk 9:00 Rise and Shine 9:30 Fox/Balloon Volley 10:00 Fox/Upper Body Strength 10:30 Hymn Sing 1:00 Fox/Fall Prevention 1:30 Fox/Chair Yoga 2:00 Twister 3:15 Reminiscing 6:00 Name that Tune	9:00 Rise and Shine 9:30 Coffee Social 10:30 Morning Stretch 11:00 Sing Along 2:00 Movie & Nails 4:00 Senses of the Season/Hear 6:00 Picture Bingo  <small>Armed Forces Day</small>
9:30 Sunday Social 10:30 Hymn Sing & Prayer 11:00 Daily Chronicles/ Gentle Orientation 1:30 Show Tunes 2:00 Name 5 3:15 Movin-n-Groovin 6:00 Soccer Circle	7:00 Fox/ Outdoor Walk-n-Talk 9:00 Rise and Shine 9:30 Fox/Corn Hole 10:00 Fox/Fall Prevention 11:00 Rhythm Circle 1:30 Therapeutic Art 2:00 Card Games/Mind Booster 3:00 <b>Make Ice Cream/zip bags</b> 6:00 Table Ball  <small>Victoria Day (Canada)</small>	9:00 Rise and Shine 9:30 Fox/Seated Boxing 10:00 Fox/Bowling 10:30 Pet Therapy 11:00 Noodle Ball 1:00 Fox/Upper Body Strength 1:30 Fox/Balloon Volley 2:00 Creative Arts 3:00 Trivia 6:00 Bingo	9:00 Rise and Shine 9:30 Fox/Bowling 10:00 Fox/Fall Prevention 10:30 Hymn Sing & Devotions 11:00 Noodle Ball 1:00 Fox/Chair Yoga 1:30 Fox/Balloon Volley 2:00 Happy Hour 3:00 Trivia 6:00 Fidgets	7:00 Fox/Walk-n-Talk 9:00 Rise and Shine 9:30 Fox/Lower Body Strength 10:00 Fox/Ball Toss 10:30 Sing Along w/Suzie 1:00 Movin-n-Groovin 2:00 Open Mic Fun 3:15 Trivia 6:00 Bingo  <small>Shavuot Begins</small>	7:00 Fox/Walk-n-Talk 9:00 Rise and Shine 9:30 Fox/Balloon Volley 10:00 Fox/Upper Body Strength 10:30 Hymn Sing 1:00 Fox/Fall Prevention 1:30 Fox/Chair Yoga 2:00 Twister 3:15 Reminiscing 6:00 Name that Tune	<b>World Turtle Day</b> 9:00 Rise and Shine 9:30 Coffee Social 10:30 Morning Stretch 11:00 Sing Along  2:00 <b>Turtle Presentation</b>  4:00 Senses of the Season/Taste 6:00 Picture Bingo
9:30 Sunday Social 10:30 Hymn Sing & Prayer 11:00 Daily Chronicles/ Gentle Orientation 1:00 Indy 500/TV 2:00 True or False 3:15 Movin-n-Groovin 6:00 Soccer Circle	7:00 Fox/ Outdoor Walk-n-Talk 9:00 Rise and Shine 9:30 Fox/Corn Hole 10:00 Fox/Fall Prevention 11:00 Patriotic Sing-Along 1:30 Therapeutic Art 2:00 Patriotic Movie 6:00 Table Ball  <small>Memorial Day</small>	9:00 Rise and Shine 9:30 Fox/Seated Boxing 10:00 Fox/Bowling 10:30 Hymn Sing & Devotions 11:00 Noodle Ball 1:00 Fox/Upper Body Strength 1:30 Fox/Balloon Volley 2:00 Creative Arts 3:00 Trivia 6:00 Bingo	9:00 Rise and Shine 9:30 Fox/Bowling 10:00 Fox/Fall Prevention 10:30 Hymn Sing & Devotions 11:00 Noodle Ball 1:00 Fox/Chair Yoga 1:30 Fox/Balloon Volley 2:00 Happy Hour 3:00 Trivia 6:00 Fidgets	7:00 Fox/Walk-n-Talk 9:00 Rise and Shine 9:30 Fox/Lower Body Strength 10:00 Fox/Ball Toss 10:30 Sing Along w/Suzie 1:00 Movin-n-Groovin 2:00 Baker's Choice 3:15 Trivia 6:00 Bingo	7:00 Fox/Walk-n-Talk 9:00 Rise and Shine 9:30 Fox/Balloon Volley 10:00 Fox/Upper Body Strength 10:30 Hymn Sing 1:00 Fox/Fall Prevention 1:30 Fox/Chair Yoga 2:00 Twister 3:15 Reminiscing 6:00 Name that Tune	9:00 Rise and Shine 9:30 Coffee Social 10:30 Morning Stretch 11:00 Sing Along 2:00 Movie & Nails 4:00 Songs of the Season 6:00 Picture Bingo
9:30 Sunday Social 10:30 Hymn Sing & Prayer 11:00 Daily Chronicles/ Gentle Orientation 1:30 Show Tunes 2:00 Would You Rather 3:15 Movin-n-Groovin 6:00 Soccer Circle	<h1>The Birches of Lehigh Valley</h1>					