

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 The Birches of Lehigh Valley Personal Care		10:00 Rise and Shine (AR1) 1 11:00-12:00 Fox Class (AR2) 1:00 Cranium Crunches (LR) 2:00 Nail Painting and MANicures (AR1) 2:00-3:00 Fox Class (AR2) 3:00 Choir & Kazoos (AR2)	Rock-n-Roll Hall of Fame Day 2 10:00 Rise and Shine (AR1) 11:00-12:00 Fox Class (AR2) 1:00 Cranium Crunches (LR) 2:00 Virtual Tour Rock-n-Roll HOF (T) 2:00-3:00 Fox Class (AR2) 3:00 Rock-n-Roll Bingo (AR2) 4:00 Wine Down (B)	10:00 Rise and Shine (AR1) 3 11:00-12:00 Fox Class (AR2) 1:00 Cranium Crunches (LR) 1:00 Fox Class (CRT-Y) 2:00 Wine & Wood Painting (AR1) 2:00 Model Car Building (AR1) 3:00 Wii Bowling (AR2)	10:00 Rise and Shine (AR1) 4 10:00 Pet Therapy/Hero 11:00 Cath. Communion (AR1) 11:00-12:00 Fox Class (CRT-Y) 1:00 Cranium Crunches (LR) 2:00-3:00 Fox Class (CRT-Y) 3:00 Football Happy Hour (Wear your favorite football Jersey or t-shirt)	10:00 Rise and Shine (AR1) 5 11:00 Morning Stretch (AR2) 1:00 Cranium Crunches (LR) 2:00 Corn Hole (B) 3:00 Bingo (AR2) 4:00 Patio Chats (P)
	10:00 Rise and Shine (AR1) 6 11:00 Morning Stretch (AR2) 1:30 Movie (Resident's Choice) 2:30 Worship Service & Communion (AR2) 3:15 Shuffleboard (B)	LABOR DAY 7 10:00 Rise and Shine (AR1) 11:00-12:00 Fox Class (AR2) 1:00 Cranium Crunches (LR) 1:00 Fox Class (CRT-Y) 2:00 Popsicles on Patio 3:00 Bingo (AR2)	10:00 Rise and Shine (AR1) 8 11:00-12:00 Fox Class (AR2) 1:00 Cranium Crunches (LR) 1:15 Trip to Wind Creek Casino 2:00 Nail Painting and MANicures (AR1) 2:00-3:00 Fox Class (AR2) 3:00 Choir & Kazoos (AR2)	New York Fashion Week 9 10:00 Rise and Shine (AR1) 11:00-12:00 Fox Class (AR2) 1:00 Cranium Crunches (LR) 2:00 Documentary/Fashions(T) 2:00-3:00 Fox Class (AR2) 3:00 Bingo 4:00 Wine Down (B)	10:00 Rise and Shine (AR1) 10 11:00 Rosary (AR1) 11:00-12:00 Fox Class (AR2) 1:00 Cranium Crunches (LR) 1:00 Fox Class (CRT-Y) 2:00 First Flight Home Care sponsoring Carnival Themed Event 3:00 Wii Bowling (AR2)	PATRIOTS DAY 11 8:46(A Moment of Silence) 10:00 Rise and Shine (AR1) 10:00 Pet Therapy/Hero 11:00-12:00 Fox Class (CRT-Y) 1:00 Cranium Crunches (LR) 2:00-3:00 Fox Class (CRT-Y) 3:00 Patriotic Happy Hour (Wear Red, White & Blue)
	Labor Day				Rosh Hashanah Begins	10:00 Rise and Shine (AR1) 12 11:00 Morning Stretch (AR2) 1:00 Cranium Crunches (LR) 2:00 Entertainment by Swing Time Dolls (DR) 4:00 Patio Chats (P)
	GRANDPARENT'S DAY 13 10:00 Rise and Shine (AR1) 11:00 Morning Stretch (AR2) 1:30 Movie w/Grandparents 2:30 Worship Service (AR2) 3:00 Cookie Bar (B)	Assisted Living Week Begins "Shining through the Years" 14 10:00 Rise and Shine (AR1) 11:00-12:00 Fox Class (AR2) 1:00 Cranium Crunches (LR) 1:00 Fox Class (CRT-Y) 1:30 Bible Study (L) 2:00 Cake Decorating&Tasting 3:00 Bingo (AR2)	10:00 Rise and Shine (AR1) 15 10:30 Pet Visits 11:00-12:00 Fox Class (AR2) 1:00 Cranium Crunches (LR) 2:00 Nail Painting and MANicures (AR1) 2:00-3:00 Fox Class (AR2) 3:00 Choir & Kazoos (AR2)	10:00 Rise and Shine (AR1) 16 11:00-12:00 Fox Class (AR2) 1:00 Cranium Crunches (LR) 2:00 Twister (B) 2:00-3:00 Fox Class (AR2) 3:00 Bingo 4:00 Wine Tasting (B)	International Country Music Day 17 10:00 Rise and Shine (AR1) 11:00-12:00 Fox Class (AR2) 1:00 Cranium Crunches (LR) 1:00 Fox Class (CRT-Y) 2:00 Virtual Tour/Grand Ole Opry 3:00 Wii Bowling (AR2)	Cheeseburger Day 18 10:00 Rise and Shine (AR1) 10:00 Pet Therapy/Hero 11:00-12:00 Fox Class (CRT-Y) 1:00 Cranium Crunches (LR) 2:00-3:00 Fox Class (CRT-Y) 3:00 "Comedy Club" Open Mic Happy Hour
	Grandparents Day					Oktoberfest Begins
10:00 Rise and Shine (AR1) 20 11:00 Morning Stretch (AR2) 1:00 NFL Eagles vs Titans (T) 2:30 Worship Service (AR2) 3:15 Shuffleboard (B)	National Dog Week Begins 21 10:00 Rise and Shine (AR1) 11:00-12:00 Fox Class (AR2) 1:00 Decorate Donation Box 1:00 Fox Class (CRT-Y) 1:30 Circle of Friends (L) 2:00 Baking Dog Treats (B) 3:00 Bingo (AR2)	Birthday Celebration Day 22 10:00 Rise and Shine (AR1) 10:30 Trip to Shoprite 11:00-12:00 Fox Class (AR2) 1:00 Cranium Crunches (LR) 2:00 Nail Painting and MANicures (AR1) 2:00-3:00 Fox Class (AR2) 2:00 Monthly Birthday Party w/ Live Entertainment	10:00 Rise and Shine (AR1) 23 11:00-12:00 Fox Class (AR2) 1:00 Cranium Crunches (LR) 2:00 Senior Sleuth's Club (T) 2:00-3:00 Fox Class (AR2) 3:00 Bingo 4:00 Wine Down (B)	National Cruise Ship Day 24 10:00 Rise and Shine (AR1) 11:00 Rosary (AR1) 11:00-12:00 Fox Class (AR2) 1:00 Cranium Crunches (LR) 1:00 Fox Class (CRT-Y) 2:00 Resident Council Meeting 3:00 Wii Bowling (AR2)	10:00 Rise and Shine (AR1) 25 10:00 Pet Therapy/Hero 11:00-12:00 Fox Class (CRT-Y) 1:00 Cranium Crunches (LR) 2:00-3:00 Fox Balloon Volley 3:00 Back to School Happy Hour	10:00 Rise and Shine (AR1) 26 11:00 Morning Stretch (AR2) 1:00 Cranium Crunches (LR) 2:00 Crafting with Lisa (AR1) 3:00 Bingo (AR2) 4:00 Patio Chats (P)
Yom Kippur Begins		Autumn Begins			Sukkot Begins	
10:00 Rise and Shine (AR1) 27 11:00 Morning Stretch (AR2) 1:00 NFL choice (T) 2:30 Worship Service (AR2) 3:15 Shuffleboard (B)	Good Neighbor Day 28 10:00 Rise and Shine (AR1) 11:00-12:00 Fox Class (AR2) 1:00 Cranium Crunches (LR) 1:00 Fox Class (CRT-Y) 1:30 Bible Study (L) 2:00 Block Parties 3:00 Bingo (AR2)	SILENT MOVIE DAY 29 10:00 Rise and Shine (AR1) 11:00-12:00 Fox Class (AR2) 1:00 Cranium Crunches (LR) 2:00 Nail Painting and MANicures (AR1) 2:00-3:00 Fox Class (AR2) 2:00 Silent Movie in Theater	Women's Health & Fitness Day 30 10:00 Rise and Shine (AR1) 11:00-12:00 Fox Class (AR2) 1:00 Cranium Crunches (LR) 2:00 Mini Spa (AR1) 2:00-3:00 Fox Class (AR2) 3:00 Bingo 4:00 Wine Down (B)	September 2026Activity Calendar 		