

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

	<p>10:00 Rise and Shine (AR2) 1 11:00 Fox/Medicine Ball (AR2) 11:30 Fox/NoodleBalloon (AR2) 1:00 Fox/Nature Walk/Talk 1:00 Wheel of Fortune (LR) 1:30 Bible Study/Kathy (AR2) 2:00 Music/Movement (AR2) 3:00 Bingo (AR2)</p>	<p>10:00 Rise and Shine (AR2) 2 11:00 Fox/Resistance Bands 11:30 Fox /Chair Yoga (AR2) 1:00 Family Feud (LR) 2:00 Nail Painting and MANicures (AR1) 2:00 Fox/Bowling (AR2) 2:30 Fox/Full Body Pump (AR2) 3:00 Choir Practice (AR2)</p>	<p>10:00 Rise and Shine (AR2) 3 11:00 Fox/Sit-n-Fit (AR2) 11:30 Fox /Newspaper Race 1:00 Wheel of Fortune (LR) 1:30 Who Am I? (AR2) 2:00 Fox/Shuffle Clash (AR2) 2:30 Fox/Core Strength (AR2) 3:00 Bingo (AR2) 4:00 Wine Down Hosted by Northampton Post Acute (B)</p>	<p>CHEESE DAY 4 10:00 Rise and Shine (AR2) 10:30 Trip/America on Wheels 11:00 Fox/Standing Leg (AR2) 11:30 Fox /Noodle-Cise (AR2) 1:00 Fox/Nature Walk/Talk 1:00 Family Feud (LR) 2:00 Documentary & Taste (Wine & Cheese) 3:00 Wii Bowling</p>	<p>10:00 Rise and Shine (AR2) 5 10:00 Pet Therapy/Hero 11:00 Catholic Communion 11:00 Fox/Seated Kick Boxing 11:30 Fox /Beach Ball Toss 1:00 Wheel of Fortune (LR) 1:30 Patio Poetry (P) 2:00 Fox/Thera Bands (AR2) 2:30 Fox/Patio Games (AR2) 3:00 Happy Hour (Kenny G.)</p>	<p>10:00 Rise and Shine (AR2) 6 11:00 Morning Stretch (AR2) 1:00 Family Feud (LR) 2:00 ReWind to The Summer Of 1950 (T) 3:00 Bingo (AR2) 4:00 Bird Watching (P)</p>
<p>10:00 Rise and Shine (AR2) 7 11:00 Devotions (B) 1:00 Wheel of Fortune (LR) 2:00 Movie (T) "Daddy Daycare" 2:30 Worship Service & Communion (AR2) 3:15 Chicken Soup/Soul (LR) 4:00 Week in Review (LR)</p>	<p>10:00 Rise and Shine (AR2) 8 11:00 Fox/Medicine Ball (AR2) 11:30 Fox/NoodleBalloon (AR2) 1:00 Fox/Nature Walk/Talk 1:00 Wheel of Fortune (LR) 1:30 Jewelry Making (AR1) 2:00 Garden Club (Crt-Y) 3:00 Bingo (AR2)</p>	<p>10:00 Rise and Shine (AR2) 9 11:00 Fox/Resistance Bands 11:30 Fox /Chair Yoga (AR2) 1:00 Family Feud (LR) 2:00 Nail Painting and MANicures (AR1) 2:00 Live Music in the Crt/Y 2:00 Fox/Bowling (AR2) 2:30 Fox/Full Body Pump (AR2) 3:00 Crochet/Knit Club (AR2)</p>	<p>TRACK & FIELD DAY 10 10:00 Rise and Shine (AR2) 11:00 Fox/Sit-n-Fit (AR2) 11:30 Fox /Newspaper Race 1:00 Wheel of Fortune (LR) 1:30 Who Am I? (AR2) 2:00 Fox/Shuffle Clash (AR2) 2:30 Fox/Core Strength (AR2) 3:00 Bingo (AR2) 4:00 Wine Down (B)</p>	<p>10:00 Rise and Shine (AR2) 11 11:00 Rosary (AR1) 11:00 Fox/Standing Leg (AR2) 11:30 Fox /Noodle-Cise (AR2) 1:00 Fox/Nature Walk/Talk 1:00 Family Feud (LR) 1:30 Trip to Shoprite 2:00 500 Rummy (AR1) 3:00 Wii Bowling (AR2) 3:30 Knitting Club (AR1)</p>	<p>BLUE DAY(Men's Health) 12 10:00 Rise and Shine (AR2) 10:00 Pet Therapy/Hero 11:00 Fox/Seated Kick Boxing 11:30 Fox /Beach Ball Toss 1:00 Wheel of Fortune (LR) 1:30 Patio Fishing Tales (P) 2:00 Fox/Thera Bands (AR2) 2:30 Fox/Patio Games (AR2) 3:00 "Tie One On" Happy Hour</p>	<p>10:00 Rise and Shine (AR2) 13 11:00 Morning Stretch (AR2) 1:00 Family Feud (LR) 2:00 ReWind to The Summer Of 1960 (T) 3:00 Bingo (AR2) 4:00 Bird Watching (P)</p>
<p>10:00 Rise and Shine(AR2) 14 11:00 Devotions (B) 1:00 Wheel of Fortune (LR) 2:00 Movie (T) "We Bought A Zoo" 2:30 Worship Service (AR2) 3:15 Chicken Soup/Soul (LR) 4:00 Week in Review (LR)</p> <p>Flag Day (U.S.)</p>	<p>10:00 Rise and Shine (AR2) 15 11:00 Fox/Medicine Ball (AR2) 11:30 Fox/NoodleBalloon (AR2) 1:00 Fox/Nature Walk/Talk 1:00 Wheel of Fortune (LR) 1:30 Bible Study/Kathy (AR2) 2:00 Hee Haw Marathon (T) 3:00 Bingo (AR2)</p>	<p>10:00 Rise and Shine (AR2) 16 10:30 Pet Therapy 11:00 Fox/Resistance Bands 11:30 Fox /Chair Yoga (AR2) 1:00 Family Feud (LR) 2:00 Nail Painting and MANicures (AR1) 2:00 Fox/Presentation (AR2) "Proper Body Mechanics" 3:00 Choir Practice (AR2)</p>	<p>10:00 Rise and Shine (AR2) 17 11:00 Fox/Sit-n-Fit (AR2) 11:30 Fox /Newspaper Race 1:00 Wheel of Fortune (LR) 1:30 Who Am I? (AR2) 2:00 Fox/Shuffle Clash (AR2) 2:30 Fox/Core Strength (AR2) 3:00 Bingo (AR2) 4:00 Wine Down (B)</p>	<p>International Picnic Day 18 10:00 Rise and Shine (AR2) 11:00 Fox/Standing Leg (AR2) 11:30 Fox /Noodle-Cise (AR2) 11:30 Trip to Picnic in Park "Louise Moore Park" 1:00 Family Feud (LR) 1:00 Fox/Nature Walk/Talk 2:00 Baking for a Purpose(B) 3:00 Men's Car Club (AR2)</p>	<p>"Do What You Love To End Alzheimers" 19 10:30 Celebration Begins/ Opening Remarks by Alzheimer's Assoc. 11:00 Mini Walk (Crt-y) 1:00 Dementia Friends Present 1:00-3:00 Live Entertainment</p> <p>Juneteenth</p>	<p>10:00 Rise and Shine (AR2) 20 11:00 Morning Stretch (AR2) 1:00 Family Feud (LR) 2:00 ReWind to The Summer Of 1970 (T) 3:00 Bingo (AR2) 4:00 Bird Watching (P)</p>
<p>HAPPY FATHER'S DAY 21 10:00 Donuts w/ Dads (B) 11:00 Devotions (B) 1:00 Wheel of Fortune (LR) 2:00 Movie (T) "Father of The Bride" COMEDY 2:30 Worship Service (AR2) 3:15 Chicken Soup/Soul (LR) 4:00 Week in Review (LR)</p> <p>Father's Day Summer Begins</p>	<p>10:00 Rise and Shine (AR2) 22 11:00 Fox/Medicine Ball (AR2) 11:30 Fox/NoodleBalloon (AR2) 1:00 Fox/Nature Walk/Talk 1:00 Wheel of Fortune (LR) 1:30 Garden Club (Crt-Y)) 2:00 Music/Movement (AR2) 3:00 Bingo (AR2)</p>	<p>HULA HOOP DAY 23 10:00 Rise and Shine (AR2) 11:00 Fox/Resistance Bands 11:30 Fox /Chair Yoga (AR2) 1:00 Family Feud (LR) 2:00 Nail Painting and MANicures (AR1) 2:00 Fox/Bowling (AR2) 2:30 Fox/Full Body Pump (AR2) 3:00 Crochet/Knit Club (AR2)</p>	<p>Birthday Party Day 24 10:00 Rise and Shine (AR2) 11:00 Fox/Sit-n-Fit (AR2) 11:30 Fox /Newspaper Race 2:00 Birthday Party w/entert. 2:00 Fox/Shuffle Clash (AR2) 2:30 Fox/Core Strength (AR2) 4:00 Wine Down (B)</p>	<p>10:00 Rise and Shine (AR2) 25 11:00 Rosary (AR1) 11:00 Fox/Standing Leg (AR2) 11:30 Fox /Noodle-Cise (AR2) 1:00 Fox/Nature Walk/Talk 1:00 Family Feud (LR) 1:30 Trip to Wind Creek 2:00 I Should've Known (AR1) 3:00 Men's Car Club (AR2)</p>	<p>10:00 Rise and Shine (AR2) 26 10:00 Pet Therapy/Hero 11:00 Fox/Seated Kick Boxing 11:30 Fox /Beach Ball Toss 1:00 Wheel of Fortune (LR) 1:30 Patio Sing Along (P) 2:00 Fox/Thera Bands (AR2) 2:30 Fox/Patio Games (AR2) 3:00 Happy Hour (Open Mic)</p>	<p>10:00 Rise and Shine (AR2) 27 11:00 Morning Stretch (AR2) 1:00 Family Feud (LR) 2:00 ReWind to The Summer Of 1980 (T) 3:00 Bingo (AR2) 4:00 Bird Watching (P)</p>
<p>10:00 Rise and Shine(AR2) 28 11:00 Devotions (B) 1:00 Wheel of Fortune (LR) 2:00 Movie (T) "Mrs. Doubtfire" 2:30 Virtual Worship Service 3:15 Chicken Soup/Soul (LR) 4:00 Week in Review (LR)</p>	<p>10:00 Rise and Shine (AR2) 29 11:00 Fox/Medicine Ball (AR2) 11:30 Fox/NoodleBalloon (AR2) 1:00 Fox/Nature Walk/Talk 1:00 Wheel of Fortune (LR) 1:30 Bible Study/Kathy (AR2) 2:00 Town Council Meeting 3:00 Bingo (AR2)</p>	<p>10:00 Rise and Shine (AR2) 30 11:00 Fox/Resistance Bands 11:30 Fox /Chair Yoga (AR2) 1:00 Family Feud (LR) 2:00 Movie "The Nonnas" (T) 2:00 Fox/Bowling (AR2) 2:30 Fox/Full Body Pump (AR2) 3:00 Choir Practice (AR2)</p>	 <p>JUNE 2026 PERSONAL CARE ACTIVITY CALENDAR</p>			